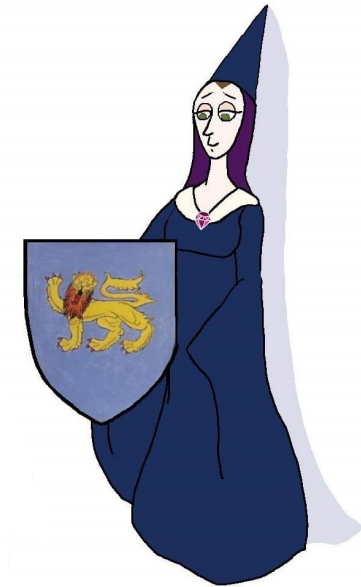


MAKE YOUR OWN KNIGHTS HELMET!!!



Note for parents:

A parent /guardian must be present to ensure the safety of the children using our online tutorials. Parents will be required to maintain adequate supervision of their child while they are working on their suit of armour. Parents help may be needed with some children in preparing crafts, particularly when they need to use scissors/puncher.

ATHLONE CASTLE HERITAGE WEEK PROGRAMME OF EVENTS
IS SUPPORTED BY THE HERITAGE COUNCIL UNDER
THE IRISH WALLED TOWN NETWORK 2020 INTERPRETATION FUND



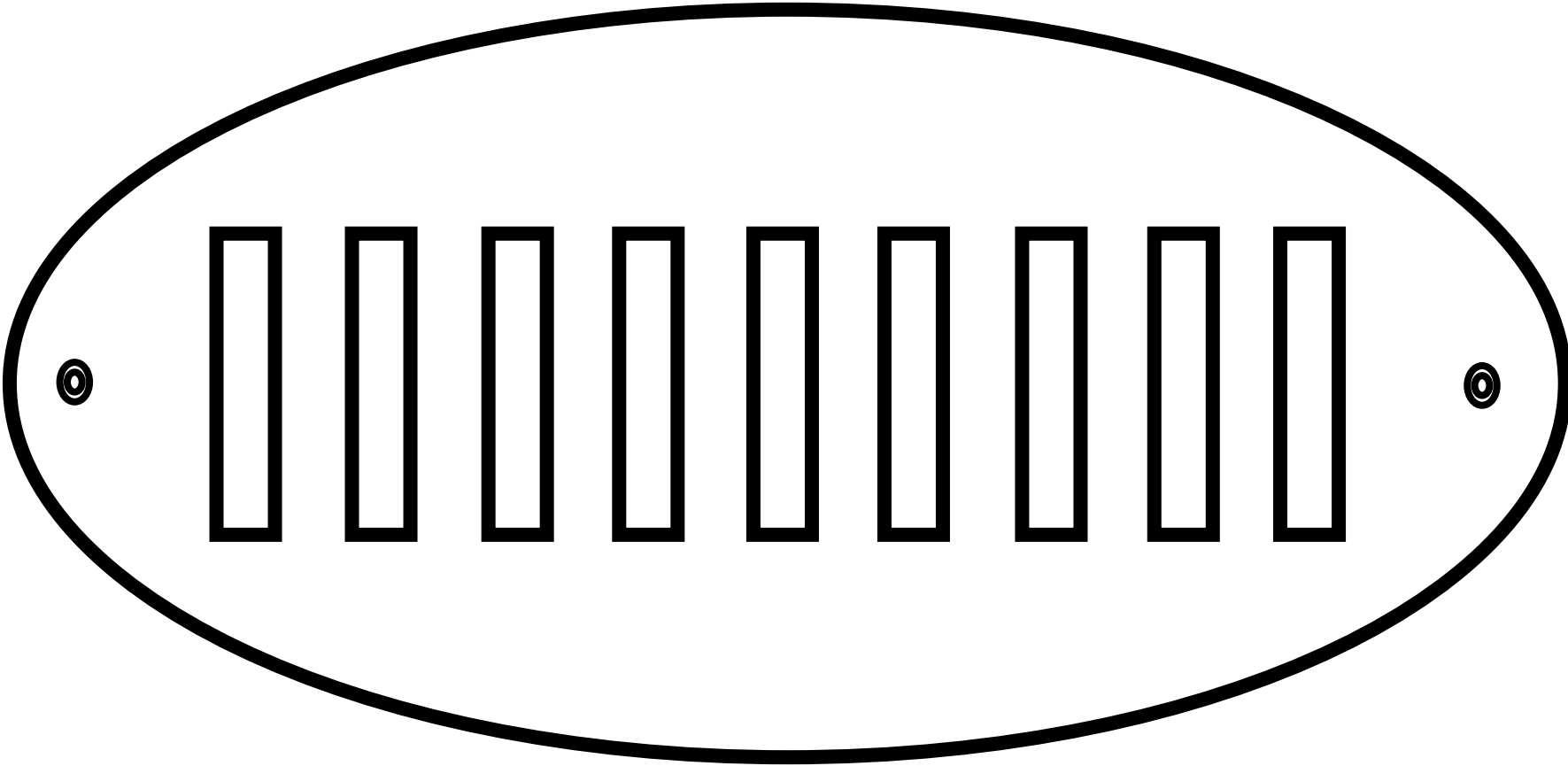
ATHLONE CASTLE
VISITOR CENTRE

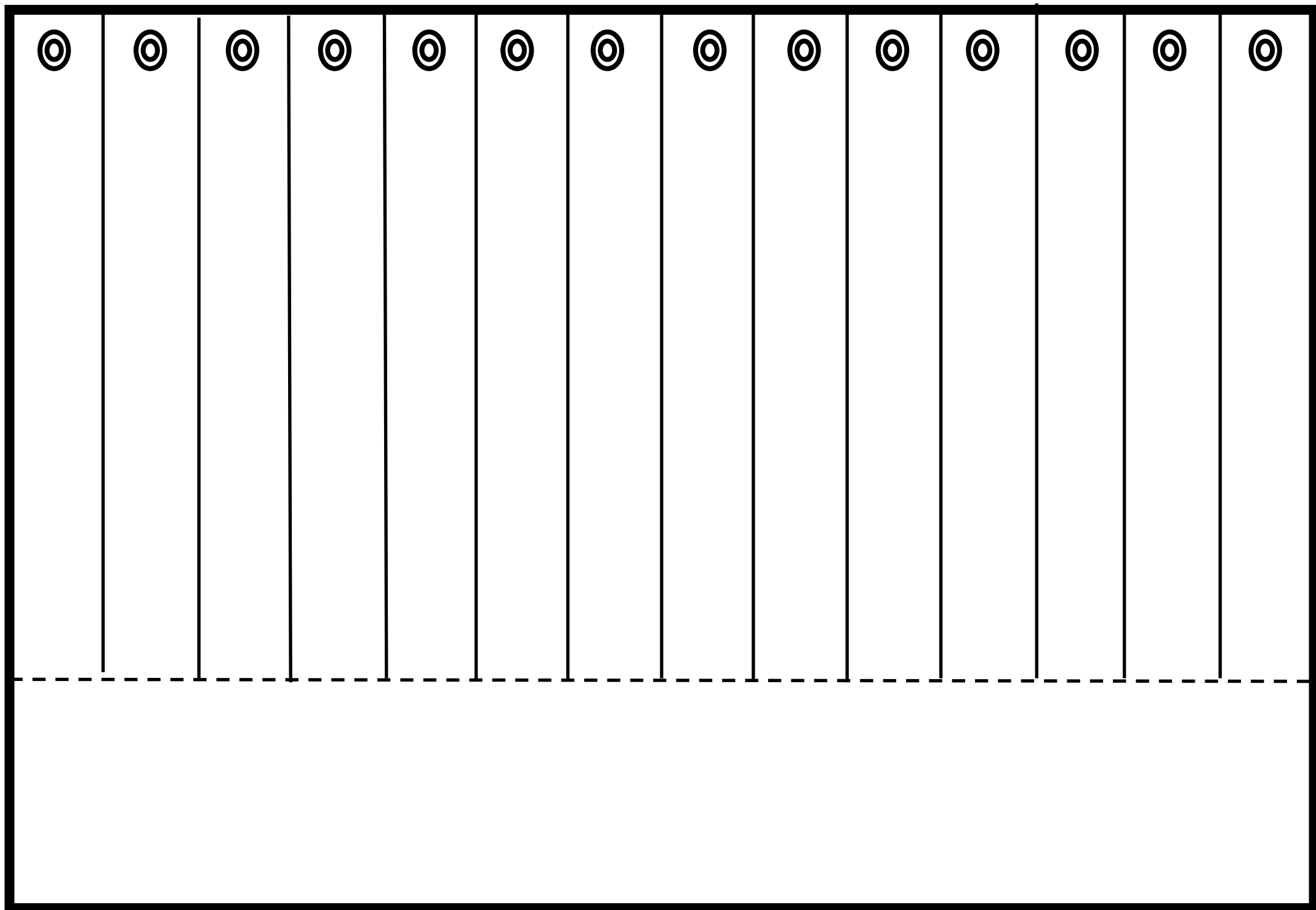
An Chomhairle Oidhreachta
The Heritage Council

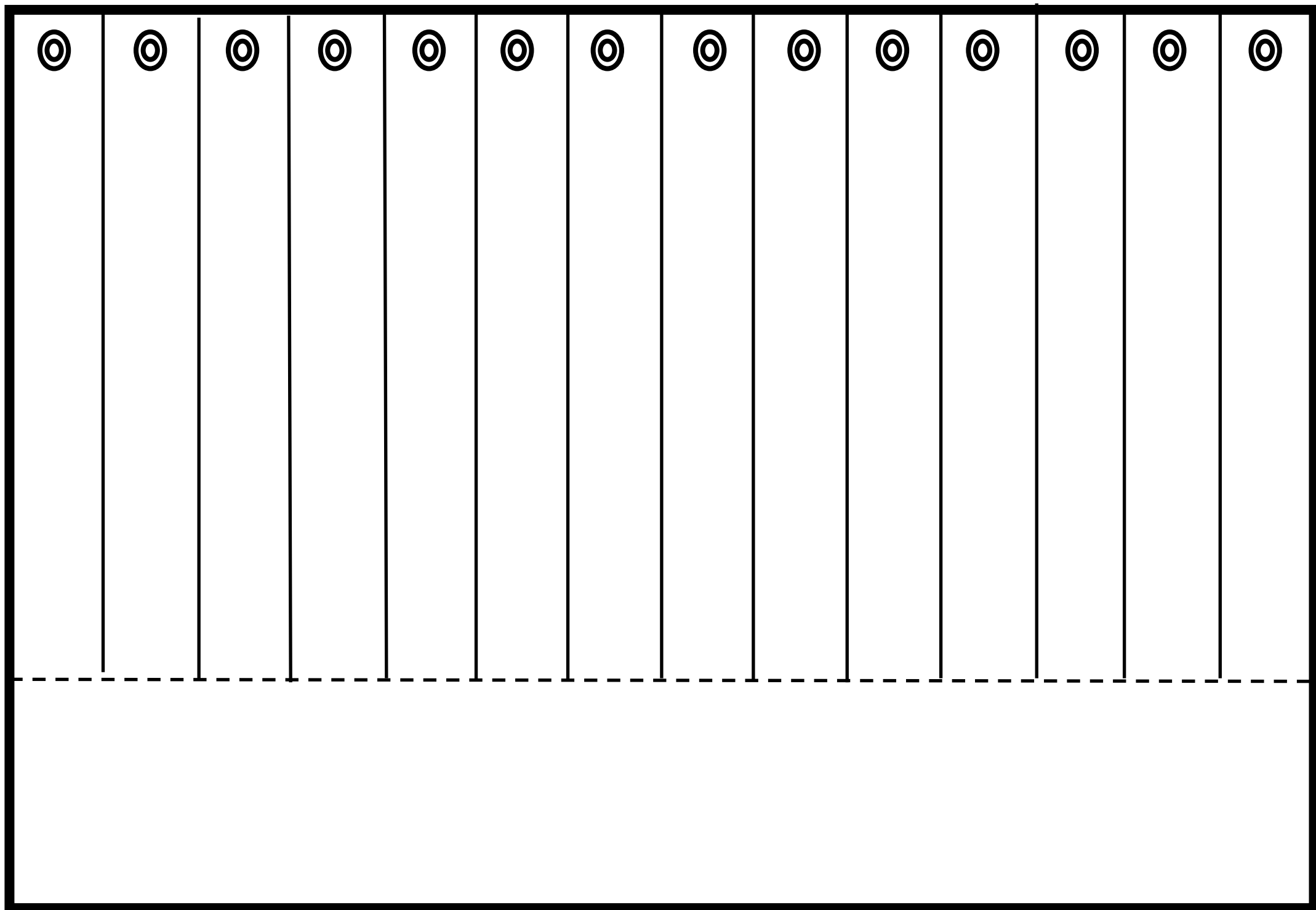


NATIONAL
HERITAGE
WEEK **h**

PRINT PAGES 2,3 AND 4







To make your very own Knights Helmet you will need:

This handy template (print pages 2,3 and 4)

3 x A4 sheets of a white card (200 gsm)

Scissors

3 x split pins

Hole puncher

Crepe paper

Crayons, markers, or paint to decorate your helmet



Step 1: Print out Template

Step 2: Cut out all 3 parts

Step 3: Fold the Visor in half

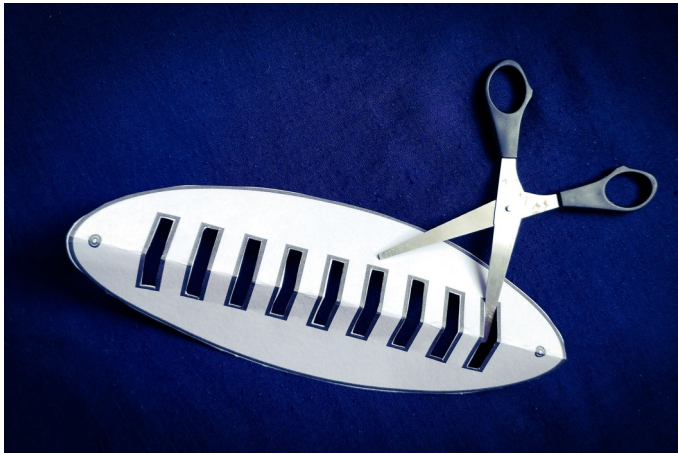


ATHLONE CASTLE
VISITOR CENTRE

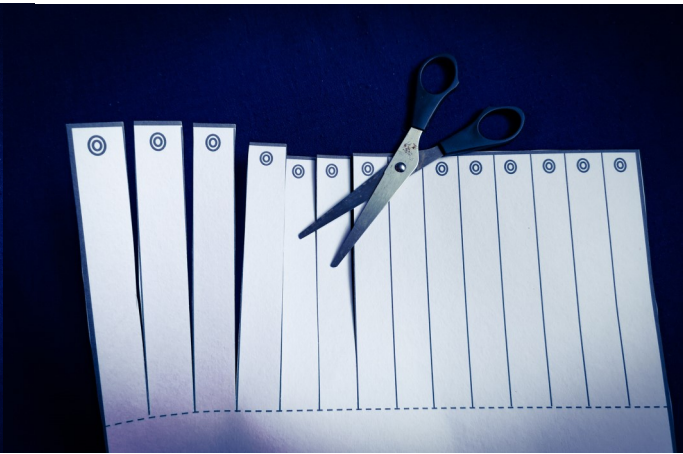
An Chomhairle Oidhreachta
The Heritage Council



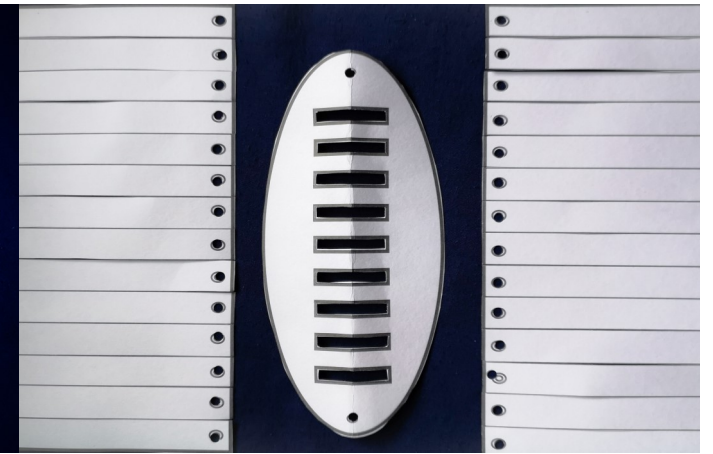
NATIONAL
HERITAGE
WEEK 



Step 4: Cut out the little 'windows'



Step 5: Cut along straight lines



Step 6: Punch holes (loads of them!)



Step 7: Colour



Step 8: Glue the two parts
of helmet together



Step 9: Pin the strips together
with a split pin

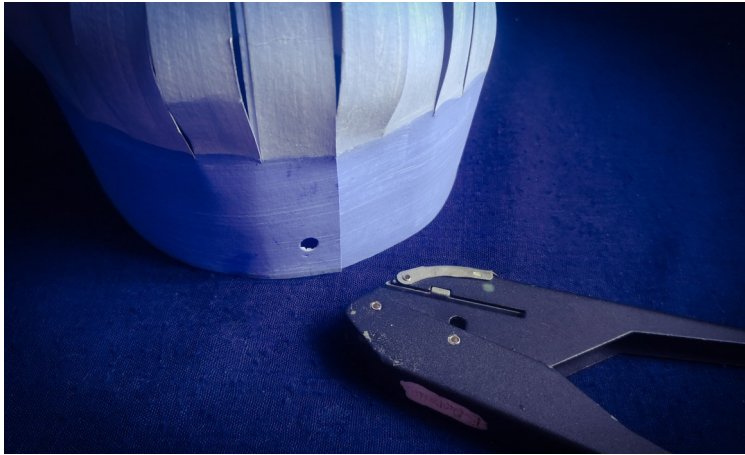


ATHLONE CASTLE
VISITOR CENTRE

An Chomhairle Oidhreachta
The Heritage Council



NATIONAL
HERITAGE
WEEK **h**



Step 10: punch a hole in the band



Step 11: Attach one side of the Visor
with a split pin



Step 12: Repeat on the other side



Step 13: Cut crepe paper
into 'feathers'



Step 14: Glue the 'feathers' together,
fan them out a bit



Step 15: Attach the Feathers
to the top of your helmet



ATHLONE CASTLE
VISITOR CENTRE

An Chomhairle Oidhreachta
The Heritage Council

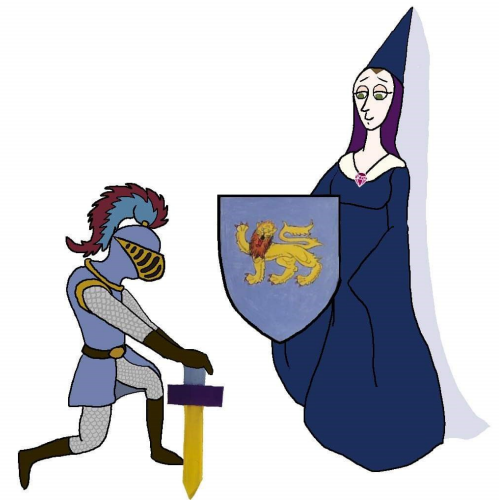


NATIONAL
HERITAGE
WEEK **h**

WELL DONE!!!



For more detail instructions watch our Cultural Officer, Joanna's video tutorial on our YouTube channel: www.youtube.com/user/athloneartstourism



To complete the look download the Sword, Shield and Armour Tutorials available from our website www.athlonecastle.ie



ATHLONE CASTLE
VISITOR CENTRE

An Chomhairle Oidhreachta
The Heritage Council



NATIONAL
HERITAGE
WEEK **h**